

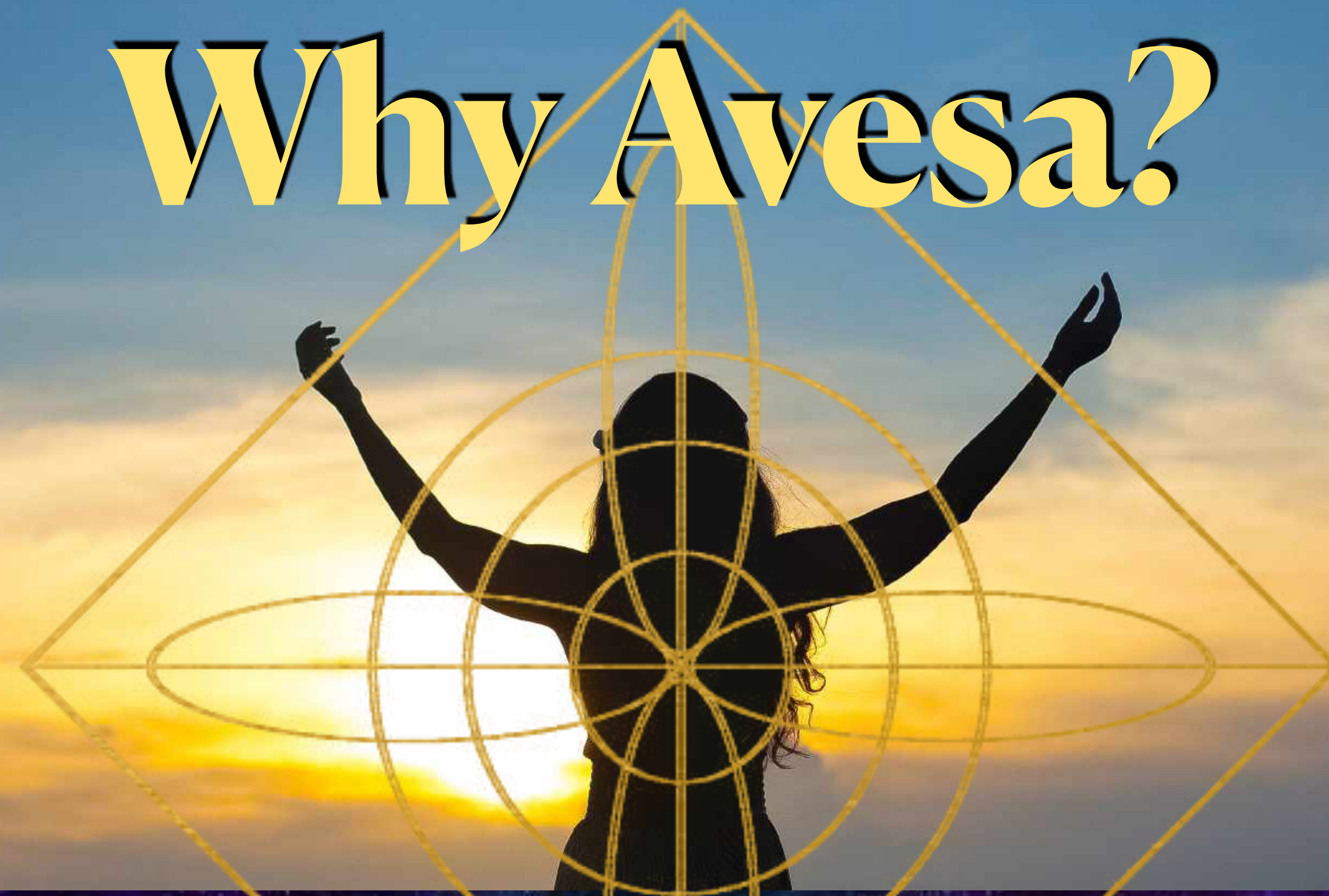


Avesa Breath

Practitioner Attunement & Training - Journey Two of Two



Why Avesa?

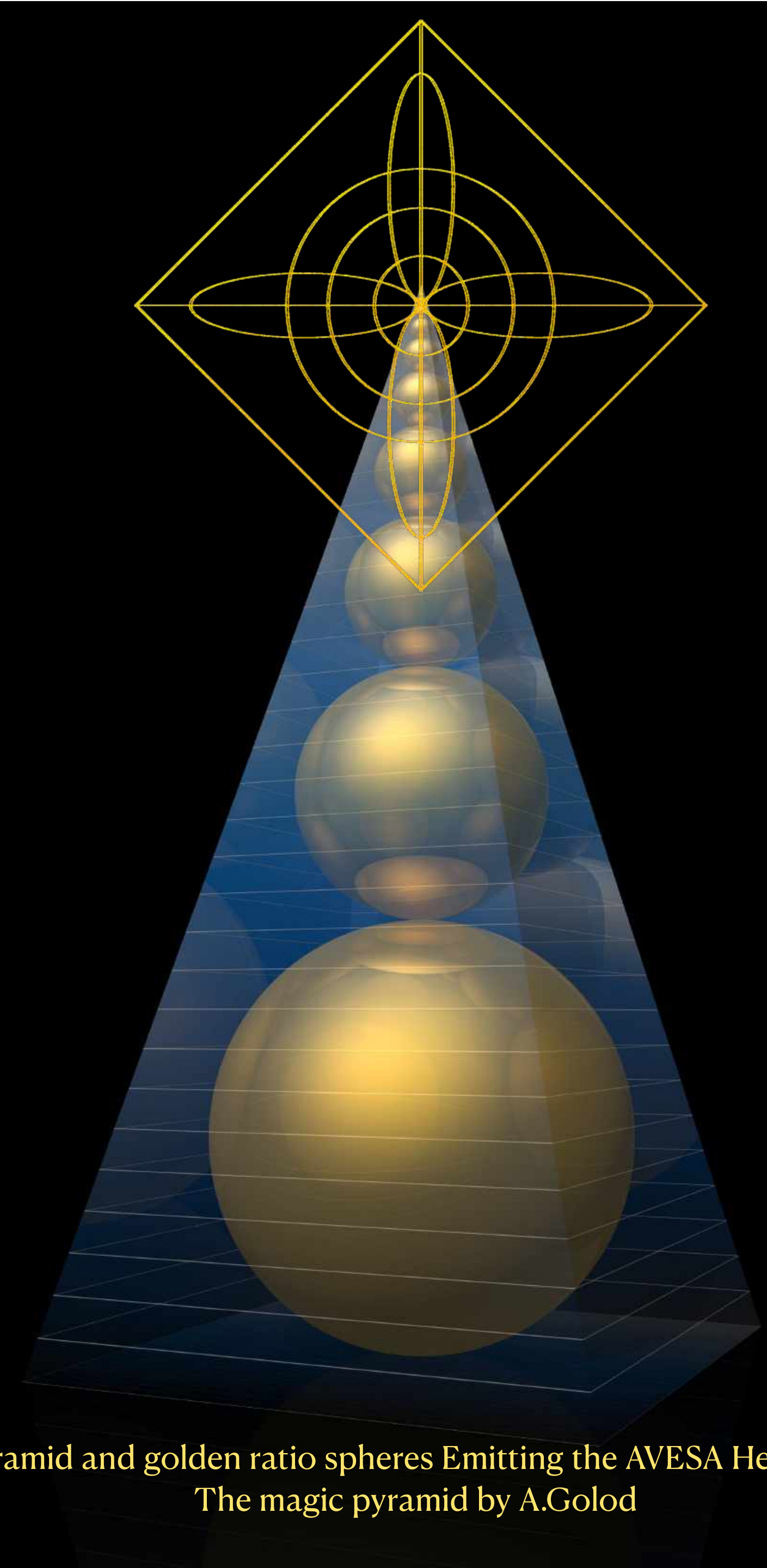


Navigating the Avesa Quantum Energy Field



***What is it and
what does it do?***

The “Direct Connection”



Pyramid and golden ratio spheres Emitting the AVESA Heartbeat
The magic pyramid by A.Golod

The Mantra of Self-Ascension

The background of the image is a sunset sky with a woman in a yoga pose (arms raised) in the center. To her right is a faint silhouette of a person in a meditative lotus position. The sky is filled with soft clouds, and there are several birds and butterflies scattered throughout the scene. The overall mood is peaceful and spiritual.

I AM...HERE I AM...READY. I AM...OPEN
GUIDE ME!

The Avesa Breath

Protocol

10 Steps of Balance

Avesa Breath Practitioner Certification Process

We invite you to claim and proudly display your Beautyo-FULL AVESA Breath Practitioner Certificate! This is an accomplishment worth celebrating! Certification is optional and if you choose to receive this gift, please complete the process as shared here.

Note! Please be sure that your certification is obtained through three different recipients.

You will need to complete the following process for each person.

1. Recipient's name and date of treatment
2. Length of the treatment
3. Was any additional modality included, if so, what?
4. Prior to the session, invite the participant write down how they are feeling on a scale of 1-10 with 1 being very grumpy/tense, and 10 being blissful.
5. After the session, have them once again check in and complete the scale again as in number 4.
6. Ask them to share their experience of the session as noted on the form on the next page.
7. Complete the form with your Practitioner commentary on ***YOUR*** experience of the session.
8. Once you have completed this with three recipients, please e-mail to: support@SelfAscension.com w/ AVESA Breath Certificate in the Subject line. You may use any type of copy of the form on the next page and email is fine.
9. To insure that you are ANCHORING the integration, it serves YOU and everyone you assist to COMPLETE all Three sessions WITHIN 30-days of the completion of this program. As you feel into this, your heart is all-ready smiling!

With a deep bow of APPRECIATION, LOVE & GRATITUDE!



AVESA Breath Practitioner Recipient Evaluation

Practitioner Name: _____ Session ____ of Three. Additional Modality? Y N

Please list the additional modality: _____

Recipient Name: _____ Date: _____

Pre-Session Energy:

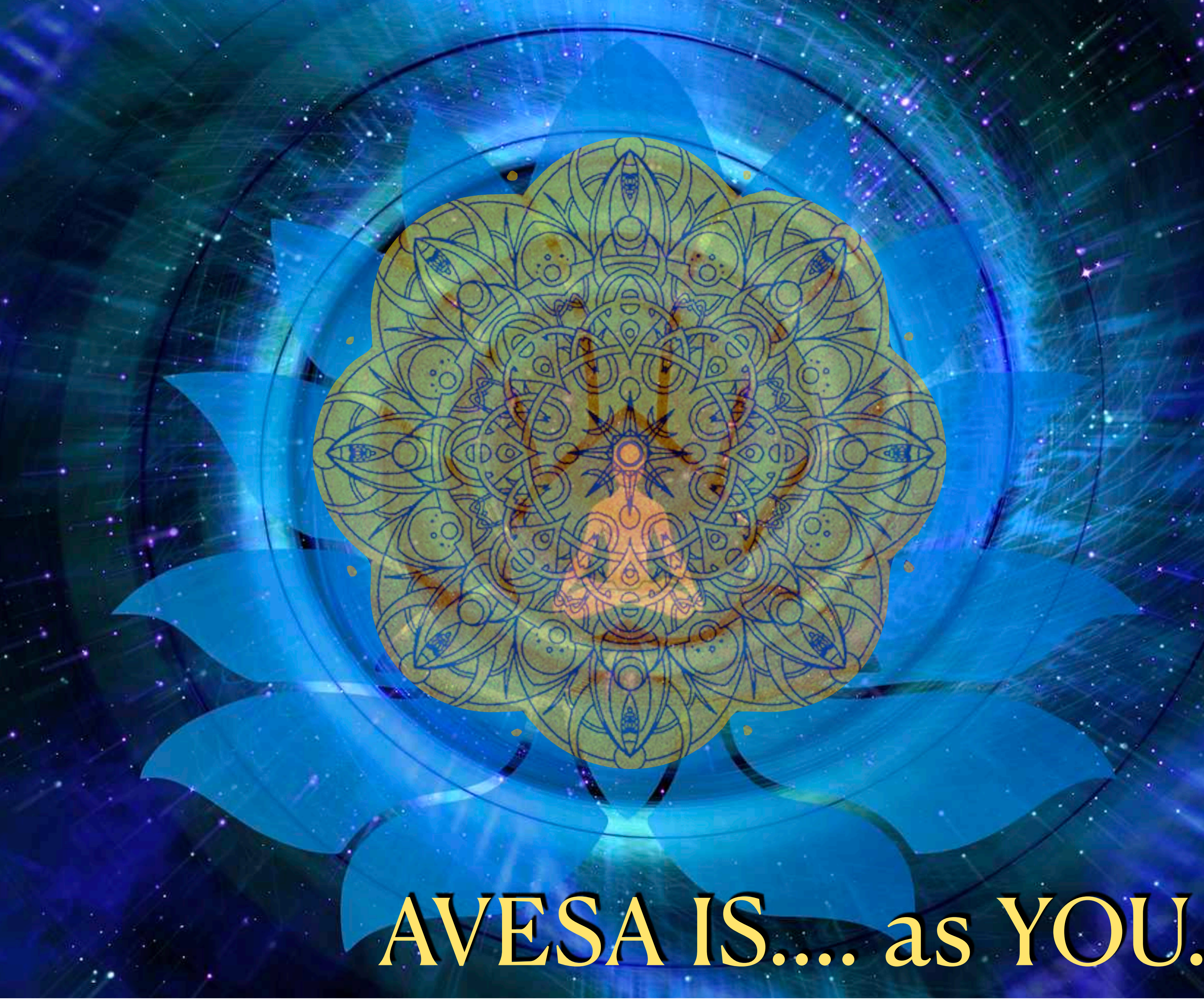
Grumpy/Tense								Blissful	
1	2	3	4	5	6	7	8	9	10

Post-Session Energy:

Grumpy/Tense								Blissful	
1	2	3	4	5	6	7	8	9	10

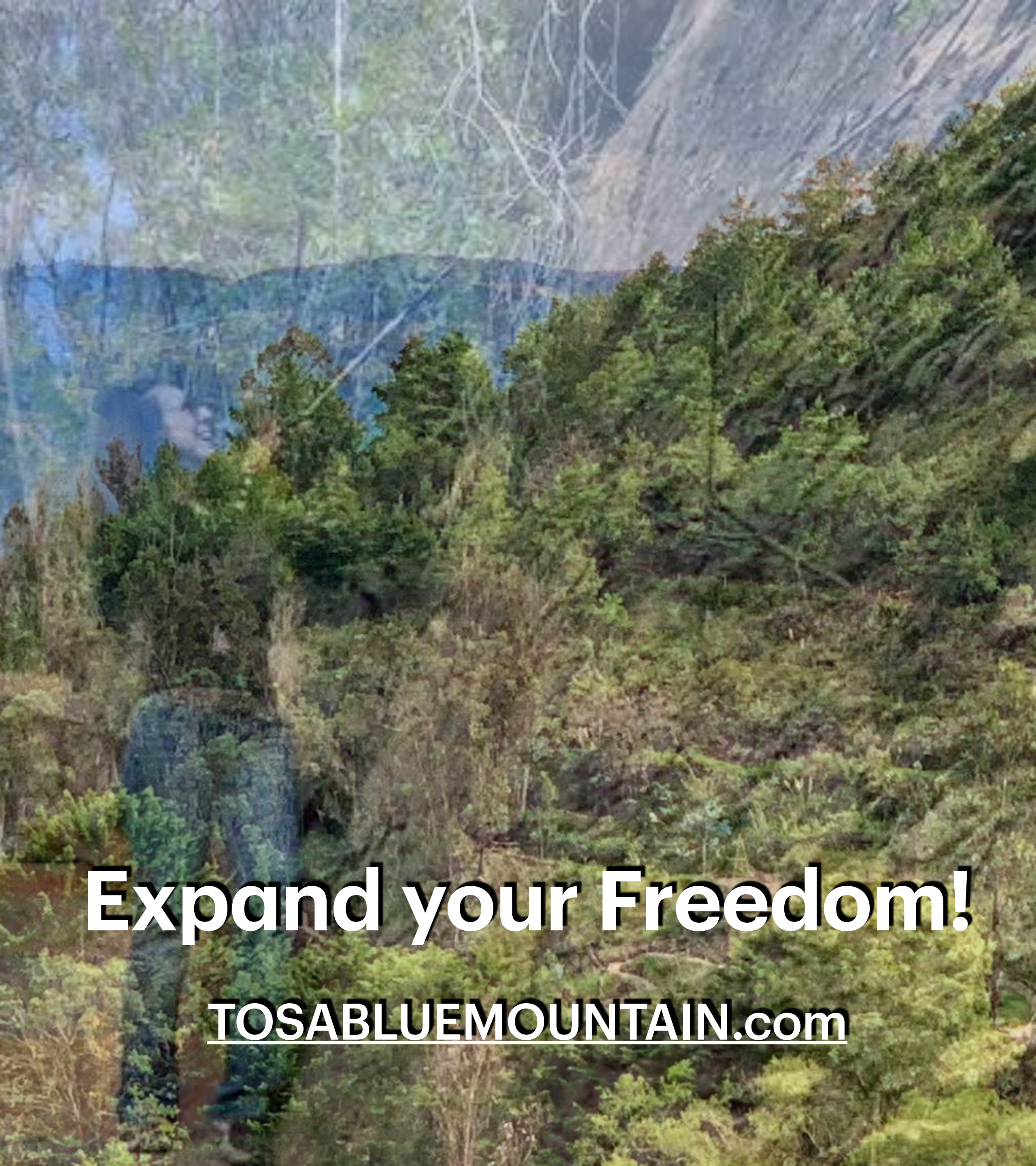
Recipient: What was your experience of the Session?

Practitioner Post-Session Commentary:



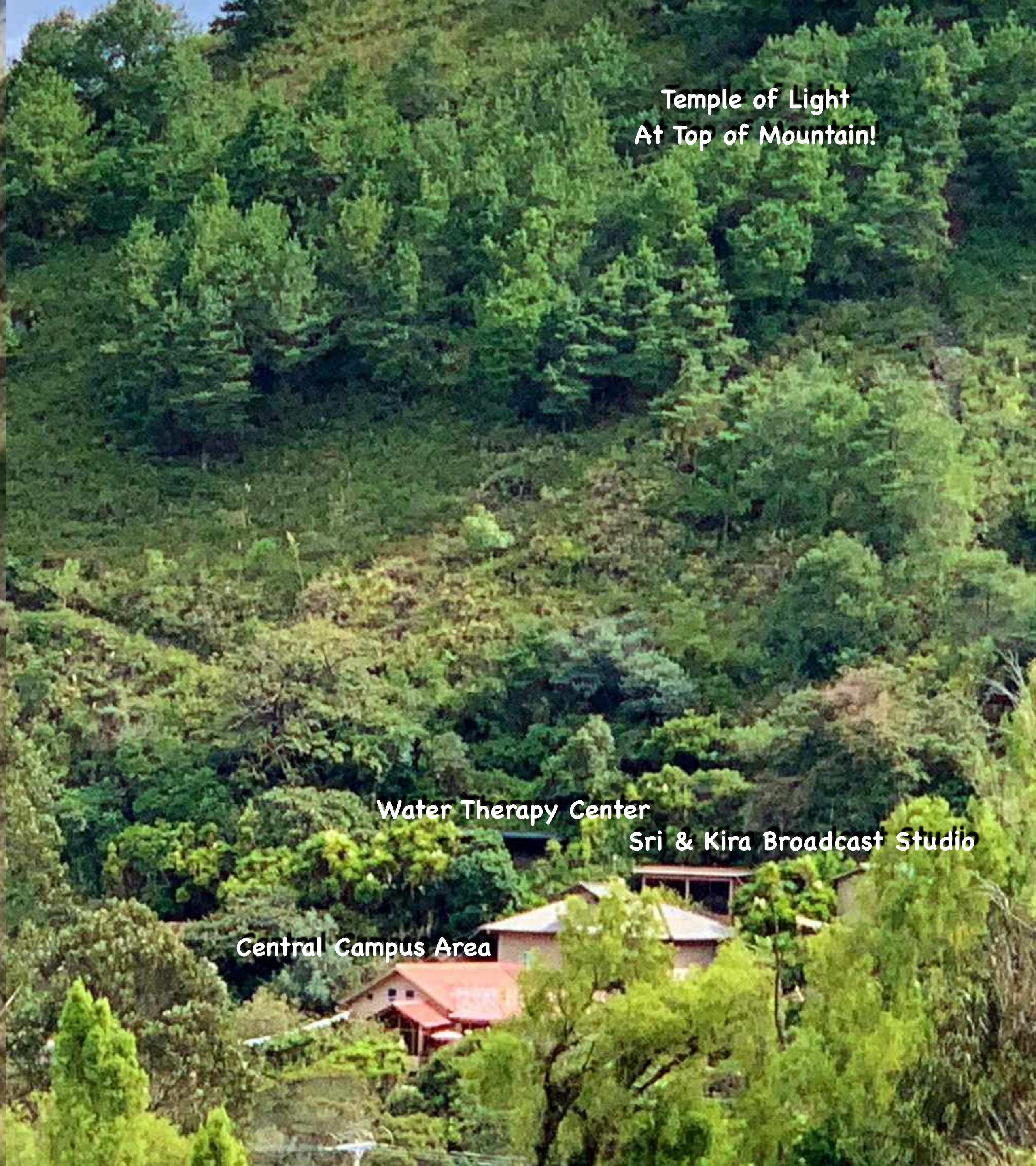
AVESA IS.... as YOU... ARE!





Expand your Freedom!

TOSABLUEMOUNTAIN.com



**Temple of Light
At Top of Mountain!**

Water Therapy Center

Sri & Kira Broadcast Studio

Central Campus Area